

Equipment Summary (6U-12U)

MANDATORY EQUIPMENT (can be found at Academy, Barcelona Sports, Sports Authority, or online)

- Softball Glove
- Softball Bat
- Softball Helmet (with mask and chin strap)

CHOOSING A GLOVE

Under 8: recommended size range 9"-11" Ages 8-12: recommended size range 10"-11.5"

(Ball sizes; 11" for 6U-10U, 12" for 12U)

CHOOSING A BAT

Weight:

As a general rule, bigger, stronger players usually prefer a heavier bat for maximum power. Smaller players needing help with bat speed usually benefit from a lighter bat. The bat should not feel "heavy" to the player. A bat that is too heavy can lead to poor swing habits.

Length:

A longer bat gives you greater reach, but will likely be heavier. Like checking the weight, you need to swing bats of different lengths to decide what length best suits you.

BAT LENGTH GUIDE

Player's Height

		36-40	41-44	45-48	49-52	53-56	57-60	61-64	65-68
	<60	26"	27"	28"	29"	29"	29"	29"	30"
	61-70	27"	27"	28"	29"	30"	30"	30"	31"
	71-80	27"	28"	28"	29"	30"	30"	31"	31"
	81-90	27"	28"	29"	29"	30"	30"	31"	32"
	91-100	27"	28"	29"	30"	30"	31"	31"	32"
	101-110	28"	29"	29"	30"	30"	31"	31"	32"
	111-120	28"	29"	29"	30"	30"	31"	31"	32"
	121-130	28"	29"	29"	30"	30"	31"	32"	33"
	131-140	28"	29"	30"	30"	31"	31"	32"	33"
	141-150	28"	29"	30"	31"	31"	31"	32"	33"
	150+	29"	29"	30"	31"	31"	31"	32"	33"

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OPTIONAL EQUIPMENT (can be found at Academy, Barcelona Sports, Sports Authority, or online)

- Softball Face Mask (highly recommended)
- Softball Cleats (highly recommended)
- Softball Bag
- Softball Sliding pants (for 10U and 12U)
- Batting gloves
- Visor

Player's Weight